

## **Life Lessons**

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There have been many, many influential people in my life. And I feel privileged to have learned from them. Below are some of the lessons they have brought to me.

These have motivated, grounded and inspired me both personally and professionally. I hope they do the same for you.

These are not quotes or things people spent hours trying to construct. In some cases these are things that people said, sometimes just in passing. Or lessons that were observed simply from the way the person lives their life.

### **From Colleen Turk**

No matter how bad things may seem, there is ALWAYS something to laugh at.

### **From Michael Boyke**

Life is adventure. It is no fun playing by the rules.

### **From Sandye Linnetz**

There is never a bad time to break out in a song.

### **From Lenny Schneider**

Hold out for true love. Advice he gave his grandchildren during the celebration of his 59th wedding anniversary.

### **From Melissa Orr**

Everyone says they want balance in their life. Those who actually get it are those who take it seriously and work really hard for it.

### **From Linda Brown**

Sometimes you have to be strong and hold other people up. Sometimes you need to ask for help. Realize you need to give and take both.

### **From Denny Schneider**

You are smart enough and brave enough to do anything you want.

### **From Paul Plamondon**

Avoiding things actually hurts a lot more than if you just face it.

### **From Shiela Johnson**

People appreciate the little things. Remembering and acknowledging a birthday, a child's name or anything personal going on in their life makes all the difference.

What are your life lessons? Send them to me at [beth@processprodigy.com](mailto:beth@processprodigy.com).

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